

WHP - Learning Study for Preventative and Early Mental Health Illness

World Health Partners (WHP), with support from United States Agency for International Development (USAID), created a tech-enabled, digitally linked, holistic intervention program to serve COVID-19 patients, their family members and communities. The project aimed to address the rising psycho-social issues among people post-COVID-19. It focused on early screening, managing mental health challenges, and sensitization on gender-based violence issues through counseling support and referral services.

Through sustained advocacy and referral, the intervention in Delhi, Gujarat, and Jharkhand complemented and strengthened the Government's efforts in combating COVID-19.

To understand the effect of the COVID-19 pandemic, the usefulness of WHP intervention, and the barriers and enablers faced by the beneficiaries, a cross-sectional mixed-method learning study was conducted by Sambodhi. The study was conducted in ten districts, three districts each in Jharkhand and Gujarat and four in Delhi.

Quantitative data was collected from 1650 beneficiaries in ten districts. A total of 198 qualitative interviews were conducted with beneficiaries, the program team, stakeholders, and collaborators.